

# John Craig Garrett

BA, MEd, ThM, PhD

LPC-S, NCC

Associate Professor of Counseling  
Associate Dean & Academic Unit Leader  
for the Division of Counseling  
New Orleans Baptist Theological Seminary  
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## CURRICULUM VITAE

### FACULTY EXPERIENCE

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NEW ORLEANS BAPTIST THEOLOGICAL SEMINARY - New Orleans, LA

**Associate Professor of Counseling**

August 2018 - Present

Tenure awarded August 2018

**Assistant Professor of Counseling**

August 2013 - August 2018

Elected to the tenure-track faculty by the NOBTS Board of Trustees.

**Instructor of Counseling**

April 2012 - August 2013

Elected to the faculty by the NOBTS Board of Trustees.

**Adjunct Instructor**, Undergraduate and Graduate Programs

August 2007 - April 2012

LAMAR UNIVERSITY - Beaumont, TX

**Graduate Adjunct Faculty**

Aug. 2004 - May 2006

Doctoral Seminars and Colloquia Taught

- *Group Dynamics in Counseling*
- *Psychological and Physiological Issues in Counseling*
- *Leadership and Advocacy in Counseling*
- *Addictions in Counseling*
- *Spirituality in Counseling*
- *Essential Grief Ministry Skills (DMin workshop)*

Graduate Courses Taught

- *Psychopathology: Diagnosis and Treatment*
- *Personality Development*

- *Ethical and Legal Issues in Professional Counseling*
- *Counseling Theories and Treatments*
- *Family Development*
- *Lifestyle Development & Career Counseling*
- *Human Development*
- *The Bible and the Professional Counselor*
- *Counseling in Ministry/Pastoral Counseling (course for seminary ministry students)*
- *Individual Counseling Theories & Techniques (Lamar Univ.)*

#### Undergraduate Courses Taught

- *Introduction to Psychology*
- *Child Psychology*
- *Adult Psychology*
- *Marriage & Family Issues*
- *Abnormal Psychology*

#### Graduate Courses Developed or Redeveloped

- *Human Development,*
  - *developed online course in Blackboard format*
  - *redeveloped course in Blackboard Ultra format*
- *Lifestyle Development & Career Counseling,*
  - *developed online course in Blackboard format*
  - *redeveloped online course in Blackboard Ultra format*
- *Counseling in Ministry*
  - *Redeveloped and expanded the course to three credit hours*

#### Academic Committee Memberships

- Research Doctoral Admissions Committee
- Accreditation Oversight Committee
- Academic Leadership Council
- Curriculum Committee
- Research Doctoral Oversight Committee (past)
- Missions Committee (past)
- SACSCOC Accreditation Steering Committee (past)

#### **PROFESSIONAL LICENSES & CERTIFICATIONS**

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##### Licensed Professional Counselor (LPC)

- Texas License #17902 issued October 8, 2002
- Louisiana License #3774 issued September 29, 2006
- Board Approved Supervisor of Provisional Counselors (LPC-S)
  - Louisiana, approved September 2012
- Board Privileged Telehealth Provider since 2020

##### National Certified Counselor (NCC), National Board of Certified Counselors

- Certificate #255663 issued April 2, 2009

#### **PROFESSIONAL MEMBERSHIPS**

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American Counseling Association (ACA), 2017-present  
Louisiana Counseling Association (LCA), 2020-present  
Christian Association for Psychological Studies (CAPS), 2015-present  
American Association of Christian Counselors (AACC), 2013 - 2018

## **EDUCATION**

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NEW ORLEANS BAPTIST THEOLOGICAL SEMINARY, New Orleans, LA  
**Doctor of Philosophy (PhD) - Psychology & Counseling** - conferred Dec. 2013

Dissertation: *Coping Strategies of Evangelical Ministers: Self Report of Coping Behaviors as Related to Internalized Shame*

### Doctoral Seminars

- *Spirituality and the Emotional Health of the Minister (Independent Directed Study)*
- *Psychological and Counseling Approaches to Social Problems*
- *Baptist Origins in England and America (NOBTS Oxford Study Program, U.K.)*
- *Psychological Evaluation*
- *Biblical and Theological Foundations of Counseling*
- *Addictions: Theories, Research, and Treatment*
- *Contemporary Approaches in Counseling and Psychotherapy*
- *Psychopathology: Etiology, Diagnosis, and Treatments*
- *Counseling Supervision: Theory and Practice (post-doctoral study)*

### Supervised Reading Colloquia

- *History and Systems of Psychology*
- *Psychopathology, Psychopharmacology, and Human Development*
- *Marriage and Family Theories and Therapies*
- *Integration, Professional Issues, and Research Methods in Counseling Psychology*

NEW ORLEANS BAPTIST THEOLOGICAL SEMINARY, New Orleans, LA  
**Master of Theology (ThM) - Psychology & Counseling** - conferred May 2010

LAMAR UNIVERSITY, Beaumont, TX  
**Master of Education (MEd) - Counseling and Development** - conferred August 2000

TEXAS A&M UNIVERSITY, College Station, TX  
**Bachelor of Arts (BA) - History** (Minor: Business Administration) - conferred August 1991

## **SPECIALIZED TRAINING**

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Graduate Certificate: Teaching for the Twenty-First Century - conferred July 2013, New Orleans Baptist Theological Seminary

- Graduate certificate focused on online course development, pedagogy for multiple course delivery systems, and advanced pedagogy

EMDR – Eye Movement Desensitization and Reprocessing trained clinician

- Completed EMDR basic training course and associated consultation (September 2016)

Prepare/Enrich Trained Counselor

- Certification (October 2011)

PREP – Prevention & Relationship Enhancement Program

- PREP 7.0 Trained (April 2012)

## **ACADEMIC ADMINISTRATION**

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### NEW ORLEANS BAPTIST THEOLOGICAL SEMINARY

#### **Divisional Associate Dean for Counseling**

June 2022-present

Associate Dean and Academic Unit Leader for the Division of Counseling.

#### **Associate Vice President for Student Affairs**

August 2018 – June 2022

Cabinet-level senior administrator of the seminary. Oversight of Student Affairs, Student Life, Student Counseling.

#### Administrative Committee Assignments

- *President's Cabinet (past)*
- *Student Affairs Committee (chair, past)*
- *Admissions Council (past)*

#### **Dean of Students**

June 2008 – August 2018

Cabinet-level senior administrator of the seminary. Responsibilities include administration of Student Services, including the offices of Testing & Counseling, Student Life, Women's Programs, Recreation Programs, and Financial Aid. Supervising administrator for Student Enlistment.

## **PROFESSIONAL AND MINISTRY EMPLOYMENT**

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New Orleans Baptist Theological Seminary- New Orleans, LA

#### **Managing Director, Providence Learning Center**

February 2007 – June 2008

Directed seminary conferencing, non-credit continuing education programs, guest housing, and the coordination of seminary educational travel programs. Led numerous student trips to Israel, Greece, and Italy.

New Orleans Baptist Theological Seminary- New Orleans, LA

**Purchasing Manager**

July 2006 – February 2007

Managed the seminary purchasing office. Responsible for campus purchasing and inventory management.

Private Practice of Counseling & Clinical Supervision – New Orleans, LA

January 2015 – present

**Counselor and Clinical Supervisor**

Board Approved Supervisor for Provisional Licensed Professional Counselors in Louisiana. Meet regularly in accordance with licensing board requirements with provisionally licensed counselors and supervise their counseling activities and professional development. Maintain a small private counseling practice.

Buckner Baptist Benevolences – Beaumont, TX

July 2001 – July 2006

**Chaplain and Counselor**

Chaplain and counselor for Buckner ElderCare Services and the Calder Woods Retirement Community owned and operated by Buckner Baptist Benevolences. Duties included counseling with residents, families, and staff, teaching, clergy relations, conducting chapel services and funerals, public speaking, conducting educational seminars.

Christian Counseling Center of Southeast Texas – Beaumont, TX

Oct. 2000 – Aug. 2004

**Professional Counselor**

General practice with focus in marriage and family counseling. Saw clients for various emotional and spiritual issues. The center is a ministry of First Baptist Church, Beaumont, TX.

Hospice of the Three Rivers/Odyssey Healthcare – Beaumont, TX

Feb. 2000 – July 2001

**Chaplain and Bereavement Coordinator**

Duties included patient spiritual assessment, grief and family counseling, staff support, support group facilitation, conducting funerals, design and implementation of bereavement follow-up program, supervision of clerical assistant and volunteers, and care planning.

HealthSouth Corporation – Beaumont, TX

July 1995 – Jan. 2000

**Business Development Associate**

Marketed rehabilitation, diagnostic, and surgical services to physicians and industry, conducted employee training, wrote news releases, and coordinated media events.

Surgical Specialist – Houston, TX

Jan. 1992 – July 1995

**Manufacturer's Representative**

Manufacturer's sales representative for several orthopedic surgical product lines. Provided technical assistance in the operating room for orthopedic procedures.

## COMMUNITY AND PROFESSIONAL SERVICE

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Louisiana Association of Independent Colleges and Universities (LAICU)

- member of the LAICU Leads workgroup that developed the *LAICU Leads: Reopening Safe and Resilient Campuses* principles and guidance for the COVID-19 pandemic

Baptist Friendship House

- Director of Mental Health Services for this transitional housing program for women in crisis in New Orleans

## PUBLICATIONS

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Garrett, J.C. and Shaffer, C.A. (2017). Congregational Polity, Religious Freedom, and a Nontraditional Student Body as Factors Affecting Financial Training. *Theological Education*, 51(1), 103-112.

Garrett, J.C. (2014). Stress, coping, and relationships in ministry. *Transformation*, 7(4), 1-3.

Garrett, J.C. (2013). *Coping strategies of evangelical ministers: Self-report of coping Behaviors as related to internalized shame*. (Doctoral Dissertation). Available from ProQuest Dissertations and Theses database. (Order No. 3581257).

## LECTURES & PROFESSIONAL PRESENTATIONS

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PRESENTATION: Co-presenter with Lorien Fleener. "Promoting Counselor Wellness in Supervision," American Counseling Association (ACA) Conference, April 9, 2022, Atlanta, GA

PRESENTATION: Co-presenter with DeAron Washington. "Humble Supervisors: Integrating Cultural Humility into Supervision," Christian Association for Psychological Studies, CAPS "Empowered" Conference, March 19, 2022, virtual.

PRESENTATION: Co-presenter with Dr. Ian Jones. "Maintaining an Ethical Practice in Counseling," Ouachita Baptist University, Conference on Issues in Christian Counseling, Feb. 25, 2022, Arkadelphia, AR

PRESENTATION: Co-presenter with doctoral fellow Jamie Klemashevich. "An Integrative Approach to the Remediation of Student Trainees in Christian Counseling Programs," Christian Association for Psychological Studies, CAPS "Revived" Conference, March 26, 2021, virtual.

PRESENTATION: Co-presenter with doctoral student Lorien Fleener. "Promoting Counselor Wellness in Supervision," New Orleans Baptist Theological Seminary, New Orleans Christian Counseling Conference, Nov. 2020, New Orleans, LA

PRESENTATION: "Counseling Ethics: Contemporary Issues in Focus," Ouachita Baptist University, Conference on Issues in Christian Counseling, Feb. 2020, Arkadelphia, AR

PRESENTATION: "Anxiety: Clinical Practice, Community Interventions, and the Spiritual Factor," New Orleans Baptist Theological Seminary, New Orleans Christian Counseling Conference, Nov. 2019, New Orleans, LA

PRESENTATION: "Diagnosing Abuse: Where the DSM Helps and Where it Doesn't," New Orleans Baptist Theological Seminary, New Orleans Christian Counseling Conference, Nov. 2018, New Orleans, LA

PRESENTATION: "Ministers and Coping: Issues Facing the Shepherd." New Orleans Baptist Theological Seminary, New Orleans Christian Counseling Conference, Nov. 2017, New Orleans, LA

PRESENTATION: "Maintaining and Ethical Practice in Counseling," Ouachita Baptist University, Conference on Issues in Christian Counseling, Feb. 2017, Arkadelphia, AR

PRESENTATION: "Diagnosing Sexual Acting-Out: Sexually Addictive Behavior in Light of DSM-5 Criteria," New Orleans Baptist Theological Seminary, New Orleans Christian Counseling Conference, Nov. 2016, New Orleans, LA

PRESENTATION: "Ethical Considerations with Therapy-Resistant Clients," Ouachita Baptist University, Conference on Issues in Christian Counseling, Feb. 2016, Arkadelphia, AR

PRESENTATION: "Ethics: Considerations for Counseling and Supervision," Ouachita Baptist University, Conference on Issues in Christian Counseling, Feb. 2015, Arkadelphia, AR

PRESENTATION: "Soul Care and Ministry to Seniors," Association of Baptist Ministries for the Aging, National Conference, Feb. 2015, New Orleans, LA

PRESENTATION: "Anxiety: Clinical Practice, Community Interventions, and the Spiritual Factor." Ouachita Baptist University, Conference on Issues in Christian Counseling, Feb. 2014, Arkadelphia, AR

PRESENTATION: "Sexual Abuse in the Church: Offering an Appropriate Ministry Response." Ouachita Baptist University, Conference on Issues in Christian Counseling, Feb. 2013, Arkadelphia, AR

PRESENTATION: "Ministers and Coping: Issues Facing the Shepherd." Ouachita Baptist University, Conference on Issues in Christian Counseling, Feb. 2012, Arkadelphia, AR

PRESENTATION: "The Impact of the Internet and Internet Addiction on Marriages and Congregational Life." Ouachita Baptist University, Conference on Issues in Christian Counseling, Feb. 2011, Arkadelphia, AR

GUEST LECTURE: "Internet Pornography, Sexual Compulsivity, and the Minister."

New Orleans Baptist Theological Seminary, Ministerial Ethics Course, 2009, 2010  
New Orleans, LA

GUEST LECTURE: "Grief, Death, and Loss: Nursing and the Dying Patient." William  
Carey University College of Nursing, July 2007, Hattiesburg, MS

GUEST LECTURE: "Grief, Death, and Loss: Nursing and the Dying Patient." William  
Carey University College of Nursing, January 2007, New Orleans, LA

GUEST LECTURES: "Grief, Loss, and Dying: Implications for the Lay Chaplain."  
Episcopal Diocese of Beaumont, Community of Hope, bi-annually, 2004 - 2006,  
Beaumont, TX

PRESENTATION: "Soul Care and Ministry to Senior Adults." Buckner Baptist  
Benevolences, Social Worker & Recreation Director Training, 2005, Beaumont, TX

### **PROFESSIONAL CONTINUING EDUCATION**

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I Hate You, Don't Leave Me: Treating Borderline Personality Disorder from an  
Attachment Perspective: AACC 2021, September 18, 2021, 1.00 Hours

Understanding and Treating Bipolar Spectrum Disorder and Schizophrenia: AACC  
2021, September 16, 2021, 1.00 Hours

Ethical Competence in Counselor Education: Intersection, Integration, or Intubation:  
AACC 2021, September 16, 2021, 1.00 Hours

Christian Counseling Ethics and the Law: AACC 2021, September 15, 2021, 3.00 Hours

Spirituality and Ethics: CAPS - 2021 79th CAPS Spring Conference, March 25-26, 2021  
1.00 Hours

Use of BASIS-24 to Assess Substance Abuse and Co-occurring Symptoms among  
Patients who Received Faith Based Primary Support: CAPS - 2021 79th CAPS Spring  
Conference, March 25-26, 2021 1.00 Hours

Ethical and Risk Management Issues During and in the Aftermath of COVID: CAPS -  
2021 79th CAPS Spring Conference, March 25-26, 2021 1.00 Hours

A Domain Based Approach to Integration: CAPS - 2021 79th CAPS Spring Conference,  
March 25-26, 2021 1.00 Hours

Gatekeeping Dispositional Deficiencies: The Challenges of Assessing and Remediating  
Character(s): CAPS - 2021 79th CAPS Spring Conference, March 25-26, 2021 1.00 Hours

Christian Meditation in Psychotherapy: A Four-Step Model for Targeting  
Transdiagnostic Mental Processes: CAPS - 2021 79th CAPS Spring Conference, March  
25-26, 2021 1.00 Hours



Religious and Spiritual Ethics in Counseling: 2021 79th CAPS Spring Conference, March 25-26, 2021 1.00 Hours

Wellness Strategies for Counselors: The Ethical Responsibility to Prevent Impairment: 2021 79th CAPS Spring Conference, March 25-26, 2021 1.00 Hours

Developing a Culturally Humble Supervisor: Implications for Personal Development, the Supervisory Alliance, and Client Care: 2021 79th CAPS Spring Conference, March 25-26, 2021 1.00 Hours

Tele-Supervision during Covid-19: Ethical Considerations and Strategies to Promote Competence: 2021 79th CAPS Spring Conference, March 25-26, 2021 1.00 Hours

Growing Up with Addicted Parents: Identification and Treatment: NOBTS Counseling Conference, November 6, 2020, 1.5 hours

Promoting Counselor Wellness in Supervision: NOBTS Counseling Conference, November 6, 2020, 1.5 hours

Ethics: Considerations for Counseling and Supervision: NOBTS Counseling Conference, November 6, 2020, 1.5 hours

SOAR Human Trafficking Training for Mental Health Professionals: American Psychological Association, November 03, 2020, 1 hour

Integrity Redeemed: Setting Captives Free from Compulsive Sexual Behavior: AACC Conference, Sep. 30, 2020. NBCC-approved, 1.5 hours

Evidence-Based Practices for Treatment Resistant Depression: AACC Conference, Sep. 30, 2020. NBCC-approved, 1.5 hours

Deep Calling to Deep: Understanding Broken Core Longings in Individuals: AACC Conference, Sep. 30, 2020. NBCC-approved, 1.5 hours

Emotional Regulation for Your Clients: The Self and Others Approach: AACC Conference, Sep. 30, 2020. NBCC-approved, 1.5 hours

The End of Mental Illness: AACC Conference, Sep. 30, 2020. NBCC-approved, 1.5 hours

Understanding Racial Trauma: The Relevance for Churches and Therapists: AACC Conference, Sep. 30, 2020. NBCC-approved, 1.5 hours

Mindfulness or Christian Meditative Practices: A Christian Worldview Assessment: AACC Conference, Sep. 30, 2020. NBCC-approved, 1.5 hours

High Functioning Autism: Diagnostic Challenges: AACC Conference, Oct 11, 2019. NBCC-approved, 1.25 hours

The Beauty of Transformation: Interpersonal Neurobiology: AACC Conference, Oct 11, 2019. NBCC-approved, 1.25 hours

Crisis Planning and Protocols in Video Telemental Health: NBCC Center for Credentialing and Education, March 24, 2020. 1 hour

Orienting Clients to Telemental Health: NBCC Center for Credentialing and Education, March 23, 2020. 1 hour

Practice Guidelines for Telecounseling and Telemental Health in Louisiana: Legal and Ethical Consideration: Louisiana Board Approved Telemental Health Training, Univ. of Holy Cross, March 20, 2020. 9 hours

Telemental Health Settings and Care Cordination: NBCC Center for Credentialing and Education, March 15, 2020. 1 hour

Best Practices in Video Telemental Health: NBCC Center for Credentialing and Education, Nov 8, 2019. 1 hour

Choosing and Using Technology for Telemental Health: NBCC Center for Credentialing and Education, November 07, 2019. 1 hour

Ethical Issues: Honoring God and Honoring the Client: NOBTS Counseling Conference, November 01, 2019. 3 hours

Key Legal and Ethical Issues in Church-based Counseling: AACC Conference, Oct 11, 2019. NBCC-approved, 1.25 hours

Sexual Identity Therapy: AACC Conference, Oct 11, 2019. NBCC-approved, 1.25 hours

Diagnostics When Medications Fail: AACC Conference, Oct 11, 2019. NBCC-approved, 1.25 hours

Telesupervision Theory and Practice: Telebehavioral Health Institute, November 30, 2018, 1 hour

HIPAA Compliance for Telemental Health: NBCC Center for Credentialing and Education, October 26, 2018. 1 hour

Introduction to Telemental Health: NBCC Center for Credentialing and Education, October 25, 2018. 1 hour

Presentation Skills for Telemental Health: NBCC Center for Credentialing and Education, October 25, 2018. 1 hour

Effective Online Supervision: NBCC Center for Credentialing and Education, October 11, 2018. 1 hour

Recent Advances in Sex Therapy Assessment, Diagnosis, and Treatment Planning: AACC Conference, September 28, 2018. NBCC-approved, 1.25 hours

Treating Affect Phobia: AACC Conference, September 28, 2018. NBCC-approved, 1.25 hours

Acceptance and Commitment Therapy: Empirical Findings and Clinical Applications from a Christian Perspective: AACC Conference, September 28, 2018. NBCC-approved, 1.25 hours

It's All in Your Head: Mental Disorders and the Neuroscience Behind Them: AACC Conference, September 28, 2018. NBCC-approved, 1.25 hours

COUN9413: Counselor Supervision Theory and Practice: Accredited PhD Course, 4 credit hours, Fall 2018 semester, NOBTS, 45 LA LPC clock hours.

## **ORDINATION & LICENSURE**

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Ordained Southern Baptist Minister – Ordained by First Baptist Church, Beaumont, TX  
Licensed Southern Baptist Minister – Licensed by First Baptist Church, Beaumont, TX  
Ordained Deacon – Ordained by First Baptist Church, Beaumont, TX

## **CHURCH SERVICE**

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Member, First Baptist Church, Covington, LA, Jan. 2020-present  
Sunday School Teacher – Regular teacher of small group adult Bible study  
Deacon, First Baptist Church, New Orleans, LA  
Deacon (past chairman), Edgewater Baptist Church, New Orleans, LA  
Deacon, First Baptist Church, Beaumont, TX  
Premarital Counseling, Periodic counseling for students and church members  
Small Group Leader and Home Group Host, Edgewater Baptist Church  
Pulpit supply, periodic guest preaching, weddings, and funerals

## **REFERENCES**

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Available upon request